

# Spring Break



Spring break has arrived! We are wishing all staff, students, and families a very deserving and well-earned break. We hope that you all have a safe and relaxing time and want to remind you of things to keep in mind:

- Avoid travelling outside the region, except for essential reasons. Travelling increases your chance of getting and spreading COVID.
- Continue screening for symptoms of COVID-19 every morning.
- Should you develop symptoms of COVID-19, isolate and book an appointment to get tested immediately. Household members must also stay home and isolate until the test is confirmed negative for COVID-19.
- Continue to be COVID-Smart and COVID-Kind. Staying home is still the best way to protect yourself and others. You are strongly advised to:
  - Stay home and in your community as much as possible,
  - Avoid social gatherings,
  - Limit close contacts to your household,
  - Maintain physical distancing (2 metres/6feet) from others,
  - Wear a mask, wash your hands, practice respiratory etiquette, and avoid touching your face.



Embrace spring and all its beauty! Enjoy the outdoors, go for a walk, ride a bike, sprawl out on the sidewalk with a big bucket of chalk, or play some street hockey.



Thank you for keeping our schools and communities safe and healthy.

This message has been approved by your local public health units and school/school boards.